

## Health Years 5/6

### **Focus area-Relationships and Sexual Health**

Strand-Personal social and community health

Aims: To begin to discuss the topic with important people in their lives, to investigate resources and strategies in understanding puberty. To recognise the influence of emotions on behaviours and discuss factors that influence how people interact.

Topics include:

-Communication, relationships, pubertal development, reproductive system, gendered stereotypes and power, stereotypes, harassment, diversity decision making, seeking help.

## Health Years 3/4

### **Focus Area-Safety**

Strand-Personal social and community health

Aims: Identify, describe and apply strategies in recognizing safe behaviours and choices.

Topics include: Recognising unsafe practices, feeling unsafe or uncomfortable, school safety, being assertive, playground safety, storing substances safely, beach safety, common sense=consequence and cyber safety.

## 2022Term 3 Learning Overview PE/Health



## **Port Noarlunga Primary School**

Teacher  
**Mike Woolford**  
**Years R-6**

## SAPSASA

School knockout teams: boys'soccer

Soccer Carnival Onkaparinga South

Crows Cup: Girls'Footy

District Athletics

## House Competitions

Volleyball Competitions Yrs 4/5

## Junior Primary

### **1. Focus area-Fundamental movement skills incorporating rhythmic and expressive activities with TRI SKILLS.**

Strand: Movement and physical activity

**Aims:** Perform fundamental movement skills in a variety of movement sequences using specialized gymnastics and trampolining equipment.

### **2. Focus area- Fundamental Movement Skills Active play and minor games**

Strand; Movement and physical activity

**Aims:** Practise fundamental movement skills in a variety of movement sequences with the focus on throwing and catching.

-emphasis on catching and throwing coordination  
-play throwing catching games with a focus on taking turns and playing to the rules  
-working individually, with a partner or small groups  
-sustaining movement

## Middle Primary

### **1. Focus area-Fundamental movement skills incorporating rhythmic and expressive activities with TRI SKILLS.**

Strand: Movement and physical activity

**Aims:** Perform fundamental movement skills in a variety of movement sequences using specialized gymnastics and trampolining equipment.

### **2. Focus area- Fundamental Movement Skills -Active play and minor games**

**Aims:**

- students will refine fundamental movement skills
  - identify game rules and consistently follow them.
  - learn to adopt inclusive practices by helping all class members
  - share and incorporate strategies for game success
- emphasis on throwing and catching coordination  
-cooperative throwing and catching games  
-introduction to volleyball  
-skill based activity stations  
-sustaining movement

## Upper Primary

### **1. Focus area-Fundamental movement skills incorporating rhythmic and expressive activities with TRI SKILLS.**

Strand; Movement and physical activity

**Aims:** Perform fundamental movement skills in a variety of movement sequences using specialized gymnastics and trampolining equipment.

### **2. Focus area- Fundamental Movement Skills Games and Sports**

Strand; Movement and physical activity

**Aims:**

- Students demonstrate fair play and skills to work collaboratively
  - They perform specialised movement skills, sequences and play games incorporating the skills of throwing and catching
- cooperative target games  
-volleyball skills and game rules  
-introduction to T-Ball  
-sustained movement