Dear all,

It is so very important that we foster resilience and independence in our children. One thing that can impede this is when we step in and ‘rescue’ our children. I have certainly been guilty of ‘rescuing’ my own sons throughout their childhood as no one ever wants their children to experience discomfort, sadness or pain. However, working through issues and problem solving are the keys to future success especially in such a fast paced and ever changing world. The following passage by Paulo Coehlo illustrates the importance of stepping back at times.

A man spent hours watching a butterfly struggling to emerge from its cocoon. It managed to make a small hole, but its body was too large to get through it. After a long struggle, it appeared to be exhausted and remained absolutely still.

The man decided to help the butterfly and, with a pair of scissors, he cut open the cocoon, thus releasing the butterfly. However, the butterfly’s body was very small and wrinkled and its wings were all crumpled.

The man continued to watch, hoping that, at any moment, the butterfly would open its wings and fly away. Nothing happened; in fact, the butterfly spent the rest of its brief life dragging around its shrunken body and shrivelled wings, incapable of flight.

What the man – out of kindness and his eagerness to help – had failed to understand was that the tight cocoon and the efforts that the butterfly had to make in order to squeeze out of that tiny hole were Nature’s way of training the butterfly and of strengthening its wings.

Sometimes, a little extra effort is precisely what prepares us for the next obstacle to be faced. Anyone who refuses to make that effort, or gets the wrong sort of help, is left unprepared to fight the next battle and never manages to fly off to their destiny.

(Adapted from a story sent in by Sonaira D’Avilia)


With thanks,
Marie
ACHIEVEMENT AWARDS
At this week’s school assembly the following students received an award acknowledging their hard work, perseverance and use of positive strategies in developing a Growth Mindset for their learning and community participation:

- Billie Kempson, Makesha Nicholls (Miss Field)
- Dahlia Lyle, Jackson Roberts (Mrs Ross)
- Lolita Casey, Elsie McCourt (Mrs Ehlers)
- Serenity Tilley, Jye Lynch (Mrs Haddad/Mrs Baumann)
- Bailey Manders, Kody Sangster (Mrs Harley)
- Cleo Higgins, Brodie Ackerley (Miss Neumeister/Mrs Smith)
- Dom Aloisi, Pearl Spencer (Miss Jast)
- Caitlyn Blacker, Bryce Hoet (Mrs McMillan)
- Amelia Duke, Hayden Stringer (Miss Thompson)
- Logan Rothe, Aali Baldacchino (Mrs Sander)
- Cooper Deed-Ford, Indie Corbett (Ms Aucoin/Mrs Smith)
- Ebony Crane, Jaxon Haddrill (Mr Rowell)
- Stella Stevens (Mr Horsfall)
- Sophia Richardson, Zoe Fowler (Mr Heard)
- Charlize Akers, Isabelle Simpson (Mr Wakefield)
- Izzy Brown, Katie Tasker (Ms Eldridge)
- Lachlan Ireson, Amber Mullighan (Mr Woolford)

Congratulations to all of these students!
Each student who receives an award earns a point for their school team. Points awarded this round were:

- Stingrays: 11
- Sharks: 7
- Dolphins: 8
- Swordfish: 7

REMINDERS
A reminder that Friday 8th September (Week 7 Term 3) and Monday 16th October (Week 1 Term 4) are both Student Free Days where students do not attend school. Staff will be undertaking Training and Development. OSHC is available but places are limited. Book now on 83845612 or 0405 334 676.

ATTENDANCE
This time of year is renowned for sickness. If your child is unwell, the best place for them is at home. This is not only more comfortable for your child but will help reduce the spread of germs. We have had a high number of absences over the last few weeks due to illness which has included a number of cases of Influenza and Gastroenteritis. Parents and caregivers are asked to contact the office to advise the school of all absences in a timely manner. Letters will be sent home with those students who have unexplained absences recorded on our database. If you receive one of these letters, please fill in the required information and return the letter to your child’s class teacher as soon as possible so that we can update our records.

You can phone the front office on 83822455, email dl.0362.info@schools.sa.edu.au or use the SkoolBag app on your smartphone.

RESOURCE CENTRE NEWS
Thank you to Parents/Carers who supported our Book Week celebrations and especially those who purchased from our Book Fair. We were given $150 worth of books for the children for the library and we have a further $600 to spend over the next few months. This was because of the sales from the Book Fair. Thank you also to Parents/Carers who have recently donated books to the library. We always find a use for them. The PRC (Premier’s Reading Challenge) is due next week, students who have not submitted their forms have one week to do so.

Thank you - Chris McDonald – Teacher Librarian

PHYSICAL EDUCATION NEWS
TriSkills this year has been very successful. The gymnastics and trampoline programme has helped the students to take risks, persist in learning new skills and have a chance to show off some previously learnt tricks. Balance, rotations, body shapes and whole body use are the core development areas.

Our TriSkill coaches had this to say about our students. Megan said, “I really liked the sportsmanship the children showed as they were always encouraging the beginner trampolinists”. Sonja said, “The students were really persistent and didn’t give up if they couldn’t do a skill”. Jess said “they were very enthusiastic kids”. It is always good for our students to be exercising as we want them to be lifelong movers.

SCHOOL HATS AND DRESS CODE COMPLIANCE
As per our school policy and guidelines from the Cancer Council the wearing of school hats is now compulsory. New hats can be purchased at the Front Office for $11.50. Please also write your child’s name in their hat as these are always over represented in our lost property baskets. Students not wearing hats need to be in delegated shade areas at recess and lunch.

A reminder to everyone that our school dress code does not include jeans or items of clothing that contain colours other than navy blue and gold (yellow). An increasing number of our students are coming to school wearing items of clothing that don’t meet our school dress code. Please check that your child is dressed appropriately. Parkas or heavier jackets that are worn over windcheaters on very cold
days do not need to be dress code compliant, but windcheaters most certainly do need to be in school colours only.

**BOOKWEEK ASSEMBLY PARADE**

It was great to see so many of our staff and students in costume for the Annual Book Week Costume Parade at the special assembly last Tuesday 22nd August. A huge thank you to all the parents, carers, grandparents and friends who attended our Book Week Assembly. Lots of imagination went into costumes and the children looked great. A big thankyou to students who created their costumes and went to the effort of joining in our whole school fun. Prizes were awarded for best costumes on the day along with the colouring competition, the Book Cover Design competition and the Book Review competition.

Book Week is a celebration of all the work and effort that goes into the production of children’s books by the authors, illustrators and publishers. At the beginning of the year, the Children’s Book Council of Australia chooses 6 books in the categories of: Picture Book, Young Readers, Early Childhood and Information Books. These are shortlisted and are usually good quality children’s books, which we purchase for the library. In the weeks before Book Week, teachers borrow and read some of the books to the children and the library staff also read as many as possible. On the weekend before Book Week one book from each category on the short list is announced as the winner, and two are given honours awards.

**OPEN NIGHT**

Many thanks to everyone who braved the cold to visit classes and enjoy activities with their children whilst collecting stickers for their passports around the school. The winners of the passport draw will be published in the next newsletter.

Special thanks to staff for their work in organising the evening and providing the information for the Staff Book Quiz. Students have indicated that they would like more time to complete the quiz so it has been set up in the Library. Once the winner is announced the question and answers sheets will be bound into a book for students to look through.

If you would like to provide feedback about Open Night then please email dl.0362.admin@schools.sa.edu.au

**LOST PROPERTY**

Despite our regular pleas to name your child’s belongings there continues to be a large quantity of lost property handed in with no means of identification. There are a large number of windcheaters and jumpers handed in every week. Please ask your children to regularly check lost property in the front office for their belongings and remember that if they are clearly labelled we are able to return them to your children as soon as they are handed in. Please help us to help you.

**GROWING ENROLMENTS**

As our enrolments continue to grow and we plan ahead for 2018, it is vital that we know of any students who will not be attending our school next year. Please inform the front office as soon as possible if your child will be leaving the school at the end of 2017.

**CONTACT INFORMATION**

A reminder to parents and caregivers to please let us know if you have changed any of your contact information such as your address or home or mobile phone numbers or if your emergency contacts have changed at all. It is vital that in an emergency we are able to contact you or your nominated emergency contact. This helps us to provide the best possible care for your child as well as helping to alleviate your child’s anxiety if they are hurt or injured at any time.

**HEADLICE**

We have had a case of head lice reported to us. Please check your child’s hair and treat accordingly. We provide free head lice treatments to school card students. Contact the office on 83822455 for more information.

**COMMUNITY NEWS**

Port Noarlunga Cricket Club are holding a Junior Registration Day on Saturday September 2nd at the Port Noarlunga Sports Ground Britain Drive Port Noarlunga from 10:00am. There will be a training session with SACA players, visit from SMASH, Milo give away and a free sausage sizzle. For further information email whitepointers@dodo.com.au

**FUN RUN**

The annual Fun Run is planned for Friday 15th September (Week 8). All children have received their sponsorship forms. Please note that these forms are sent from an outside company and spares have already been used up. Please remind your child to keep them somewhere handy.

Online money has already started to come through – THANKYOU!!!!! Cash can be handed to the Finance Office in lead up to the fun run and last day to deposit money is Wednesday Week 9.

**PLEASE REMEMBER THAT YOU STILL NEED TO SUBMIT YOUR FORM EVEN IF FUNDS ARE ONLINE ONLY. OTHERWISE WE WILL NOT KNOW WHICH PRIZE TO ORDER.**

Support on the day would be greatly appreciated. If you have time to help out please send a message to the front office or email cduke@internode.on.net

Caroline Duke - Fundraising Committee
Assembly dressing up was the excitement of the day, with exceptional involvement from most students and staff.

The Book Fair ran for 4 days. We had a great response from parents and visitors. We ended up with $750 worth of books and resources for our library.

We had a great Open Night, with many visitors young and old taking part in the activities offered.

Our Young Leaders provided information and directions to our visitors.